

Unity | Recovery | Service



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## MEET YOUR OFFICE MANAGER

Penee P. has been your Central Office manager for over a year. She began her employment at the Spokane Central Office in January of 2017. She is a long time A.A. member with over 32 years of sobriety. Penee works at the Central Office part time, 20 hours a week. You can find her in the Bookstore, or working away in her office above the bookstore, at the Alano Club, Monday through Thursday from 8:30 am to 1:30 pm.

When asked what she enjoyed most about her job Penee replied. "I enjoy encouraging and working with our volunteers. I appreciate all that they do to keep our Bookstore operating."

Some of Penee's many duties include reconciling daily cash balances and making a weekly deposit, overseeing QuickBooks point of sale entries. She prepares reports for the Monthly board of Trustees Meetings. Some other duties are keeping the Bookstore stocked with Big Books and other A.A. and

Grapevine literature as well as a variety of non-AA books and sobriety items.

The Central Office is the communication center for A.A. in Spokane, as well as the outlining areas. On any given day you will find Penee busy fielding emails, answering phone calls, making sure that the Website is up to date and keeping meeting schedules current.

Penee states that the thing she has most enjoyed learning since she started at Central Office is, "learning about the relationship between Central Office and the Districts and how we can support each other."

Penee expressed that she "appreciates the opportunity to serve the Spokane A.A. Community."

Please stop by the Central Office and introduce yourself to Penee, you will find a friendly warm person who is always glad to meet members of our fellowship.



### STEP 3

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”

*-Reprinted from Alcoholics Anonymous, page 59, with permission of A.A. World Services, Inc.*



### TRADITION 3

“The only requirement for A.A. membership is a desire to stop drinking.” (short form)

“Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.” (long form)

*-Reprinted from Pamphlet 16, The AA Group, pages 44-44, with permission of A.A. World Services, Inc.*

### CONCEPT III

“As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees, and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”

“A background for this Concept, you should be familiar with the Conference Charter and the Bylaws of the General Service Board, both of which are found in The A.A. Service Manual. For, except for the specific directions in these documents, every trusted servant and every A.A. entity — at all levels of service — has the right “to decide . . . how they will interpret and apply their own authority and responsibility to each particular problem or situation as it arises.” That is, they can “decide which problems they will dispose of themselves and upon which matters they will report, consult, or ask specific directions.” This is “the essence of ‘The Right of Decision.’”

*-Reprinted from Pamphlet 8, The Twelve Concepts Illustrated, page 6, with permission of A.A. World Services, Inc.*

Do you have an idea for the newsletter or a story you would like to submit?

Email the Newsletter Editor [sconewsletter1@gmail.com](mailto:sconewsletter1@gmail.com)

### MEETING GUIDE APP



We now have our meetings listed on a FREE mobile app

To install on your phones:

- 1 Go to the app store on your phone
- 2 Search for “meeting guide” and install
- 3 Enter your location!



## WHAT'S NEW ON [AA.ORG](http://AA.ORG)

### ▶ **A.A. Around the World** – Added January 2018

The hand of Alcoholics Anonymous (A.A.) extends – literally – around the globe. Today, an A.A. presence can be found in approximately 180 nations worldwide, with membership estimated at over two million. There are more than 118,000 A.A. groups around the world and A.A.'s literature has been translated into languages as diverse as Afrikaans, Arabic, Hindi, Nepali, Persian, Swahili, and Vietnamese, among many others.

### **A.A. Around the Globe**

Brief history of the way A.A. members have helped spread the message around the world

## CENTRAL OFFICE BOARD / OPEN SERVICE OPPORTUNITIES

### Meeting Time

4<sup>th</sup> Tuesday 7 pm  
827 W. Cleveland  
Corbin Senior Center  
UPSTAIRS

### Open Service Positions

- ◆ Trustee District 2  
(Home group shall be in District 2)
- ◆ Newsletter Editor

Trustees/Officers shall have AA service experience at some level of the fellowship and are suggested to have two years continuous sobriety. Active GSRs and DCMs shall not be eligible to serve as Trustee.

### Board Members

Trustee District 2 - vacant  
[scotrustee1@gmail.com](mailto:scotrustee1@gmail.com)

Trustee District 3 (chair) - Rexann H  
[sco.dist3trustee@gmail.com](mailto:sco.dist3trustee@gmail.com)

Trustee District 13 - Terry B  
[scotrustee13@gmail.com](mailto:scotrustee13@gmail.com)

Trustee District 17 - Mike N  
[scotrustee17@gmail.com](mailto:scotrustee17@gmail.com)

President - Dave Mc  
[spokanecentralofficepresident@gmail.com](mailto:spokanecentralofficepresident@gmail.com)

Vice President - Angela N  
[scovicepresident@gmail.com](mailto:scovicepresident@gmail.com)

Secretary - Rikki M  
[scosecretary1@gmail.com](mailto:scosecretary1@gmail.com)

Treasurer - Chris M  
[scotreasurer1@gmail.com](mailto:scotreasurer1@gmail.com)

### Committee Chairs

Archives - Tom W  
[wimthom@aol.com](mailto:wimthom@aol.com)

Newsletter – vacant  
[sconewsletter1@gmail.com](mailto:sconewsletter1@gmail.com)

Social Activities - April M  
[scoactivities1@gmail.com](mailto:scoactivities1@gmail.com)

Twelfth Step Call List - Michele H  
[micheleangmel@gmail.com](mailto:micheleangmel@gmail.com)

Volunteer Coordinator - Theresa W  
[theresaaschacht@gmail.com](mailto:theresaaschacht@gmail.com)

Website - Paul C  
[scowebmaster2@gmail.com](mailto:scowebmaster2@gmail.com)



### Central Office & Bookstore:

509-624-1442  
1700 W 7th Avenue  
Suite 100  
Spokane, Washington 99204

### Office Hours:

Monday	9am-6pm
Tuesday	9am-6pm
Wednesday	9am-6pm
Thursday	9am-6pm
Friday	9am-8pm
Saturday	9am-1pm
Sunday	CLOSED

**Spokane Central Offices' purpose** is to aid AA groups in their common purpose of carrying the message to the alcoholic who still suffers and is directly responsible to the AA groups that they represent. To support that purpose, Central Office:

- a.** Maintains an office space, bookstore, website and communication equipment in support of its services.
- b.** The Central Office Bookstore, is dedicated to excellent customer service. The Bookstore's primary purpose is answering the phones, merchandise sales, and to provide accurate and consistent information about AA.
- c.** Spokane Central Office may help coordinate and facilitate communication and cooperation among district 12-step committees, and components of the A.A. service structure (i.e. PI/CPC, Treatment, and Corrections). To ensure communication and unity in the Spokane Area, the Board wishes to encourage and invite committees from district 2,3,13 and 17 to meet regularly and appoint a representative to report at the Central Office Board meetings





 24 Hour Helpline 509.624.1442

Website: [AASPOKANE.ORG](http://AASPOKANE.ORG)

## DISTRICT MEETING NEWS / OPEN SERVICE OPPORTUNITIES

### District 2 Boundaries

Spokane (South of River), Cheney.

### District 2 Meeting

2nd Tues 6 pm  
827 W. Cleveland  
Corbin Senior Center  
DOWNSTAIRS

**DCM** Doug M

Email:  
[douglas.mcguire@gmail.com](mailto:douglas.mcguire@gmail.com)

### Mail District 2 donations to:

3903 E 12th Ave Spokane, WA 99202

### TRUSTEE REPORTS

Vacant

Unfilled Positions:  
PI/CPC

### District 3 Boundaries

Spokane (North of River to Wellesley), Airway Heights, Davenport, Medical Lake, Ritzville, Sprague

### District 3 Meeting

2nd Tues 6:30 pm  
827 W. Cleveland  
Corbin Senior Center  
UPSTAIRS

**DCM** Hoss B

Email: [hossb.65@gmail.com](mailto:hossb.65@gmail.com)

### Mail District 3 donations to:

PO Box 10259, Spokane, WA 99205

### TRUSTEE REPORT:

Rexann H

Unfilled Positions:  
Social Activities

District 3 is co-hosting (with District 17) a **Traditions Workshop** on March 31<sup>st</sup> @ North Hill Christian Church.

**PI/CPC**— Marty plans to reach out to the other PI/CPC chairs from the other Districts to share ideas!

### District 13 Boundaries

Spokane Valley, Liberty Lake, Millwood, Rockford, Valleyford

### District 13 Meeting

2nd Tues 6:30 pm  
13014 E. Sprague Ave.  
Yoke's Fresh Market  
UPSTAIRS

**DCM** Jim W

Email:  
[jwomble1@comcast.net](mailto:jwomble1@comcast.net)

### Mail District 13 donations to:

PO Box 141562 Spokane Valley, WA 99214

### TRUSTEE REPORT:

Terry B

Unfilled Positions:  
None!

After filling **ALL** the district positions (Congratulations District 13!) - Will be focusing on Budgets for the committee chairs.

### District 17 Boundaries

Spokane (North of Wellesley), Chattaroy, Colbert, Deer Park, Mead, Nine Mile Falls

### District 17 Meeting

2nd Tues 6 pm  
827 W. Cleveland  
Corbin Senior Center  
UPSTAIRS

**DCM** Brande G

Email:  
[brandegarabedian@yahoo.com](mailto:brandegarabedian@yahoo.com)

### Mail District 17 donations to:

1514 E Queen Avenue  
Spokane, WA 99207

### TRUSTEE REPORT:

Michael N

Unfilled Positions:  
Grapevine/Literature  
Social Activities  
Corrections  
PI/CPC

**Treatment Committee** is planning another Ice Cream Social Flyer and more information to follow

## GENERAL SERVICE IN AA

Below is a general description of the usual positions you can find at the district level.

Find more information:

[Group Pamphlet \(P-16\)](#)

[The A.A. Service Manual/ Twelve Concepts for World Service 2016-2018 \(BM-31\)](#)

**DCM:** The District Committee Member (DCM) is the leader of The District Committee made up of the GSRs.

**ALTERNATE DCM:** Assists and fills in for the DCM.

**CORRECTIONS:** Works with the corrections committee to carry the message to corrections facilities.

**TREATMENT:** Carries the message to treatment centers and other non-lock down institutions.

**PI: Public Information** determines ways to increase the public understanding of AA.

**CPC: Cooperation with the Professional Community** seeks to create understanding and cooperation between AA and professionals concerned with alcoholism.

**GRAPEVINE:** Provides education about the Grapevine to groups and individuals in the district.



 24 Hour Helpline 509.624.1442

Website: [AASPOKANE.ORG](http://AASPOKANE.ORG)

## HELP SUPPORT AA



Please send contributions to:

### Spokane Central Office

Penee P (Manager)  
1700 West 7th Avenue, Suite 100  
Spokane, WA 99204  
509-624-1442  
office@aaspokane.org  
website: aaspokane.org

Please include: Group Name with your contribution. Also, a contact name and phone number for questions is appreciated!

### Addresses for District Contributions can be found on page 4

Also: For your convenience:

### Donations for Area 92 can be sent to Washington State East Area 92

1314 S Grand Blvd Suite 2, Box 103  
Spokane, WA 99202-1174  
website: area92aa.org

### Donations for GSO can be sent to General Service Office

PO Box 459  
Grand Central Station  
New York, NY 10163  
(212) 870-3400  
website: aa.org

## MARCH 2018 EVENTS

CLICK ABOVE OR GO TO [AASPOKANE.ORG](http://AASPOKANE.ORG) FOR MORE

02 <sup>04</sup>	AREA 42 PRASSA 2018 (SPARKS, NV.) <small>(FLYER ATTACHED)</small>
03	SPOKYPAA'S WEEKLY FELLOWSHIP <small>(FLYER ATTACHED)</small>
09 <sup>11</sup>	24TH ANNUAL NORTHWEST POCKETS OF ENTHUSIASM
10	EARLY BIRD'S BREAKFAST & SPEAKER MEETING
10	SPOKYPAA'S WEEKLY FELLOWSHIP <small>(FLYER ATTACHED)</small>
11	HIGHER POWER GROUP POTLUCK & SPEAKER MEETING <small>(CHEWELAH, WA)</small>
13	DISTRICT 2 MEETING <small>(DOWNSTAIRS)</small>
13	DISTRICT 17 MEETING <small>(UPSTAIRS)</small>
13	DISTRICT 3 MEETING <small>(UPSTAIRS)</small>
13	DISTRICT 13 MEETING <small>(YOKE'S FRESH MARKET - UPSTAIRS)</small>
17	AREA 92 STANDING COMMITTEE WORKSHOP - EPHRATA
17	ATTITUDE ADJUSTMENT POTLUCK
17	DISTRICT 13 POTLUCK
17	SPOKYPAA'S WEEKLY FELLOWSHIP <small>(FLYER ATTACHED)</small>
24	SPOKYPAA'S WEEKLY FELLOWSHIP <small>(FLYER ATTACHED)</small>
27	CENTRAL OFFICE BOARD MEETING
31	DEER PARK - SATURDAY MORNING BREAKFAST POTLUCK
31	SPOKYPAA'S WEEKLY FELLOWSHIP <small>(FLYER ATTACHED)</small>

For corrections or updates, please kindly Email the Newsletter Editor [sconewsletter1@gmail.com](mailto:sconewsletter1@gmail.com).

## NEW GSRs ?

### HOW DO I GET LISTED AS A NEW GENERAL SERVICE REPRESENTATIVE (GSR)?

Your DCM will get the information to the area registrar (Gary P [area92altch air@gmail.com](mailto:area92altch air@gmail.com)), and update GSOs records with your contact information.

### WILL I RECEIVE MATERIAL TO GET ME STARTED?

Once you're listed with G.S.O. (see above) as a new G.S.R. you'll automatically receive a Kit to help you get started in your service position. (Delivery may take up to two weeks.) These materials are sent to new trusted servants at no charge, thanks to contributions to G.S.O.

To contact G.S.O. Records [Click here](#) .If you prefer, you may send an e-mail to [records@aa.org](mailto:records@aa.org) but please be sure to include your name and location (state/province) in your message.

## SUBSCRIBE

TO NEWSLETTER AND THURSDAY REMINDERS  
CLICK HERE OR GO TO [>AASPOKANE.ORG](http://>AASPOKANE.ORG)

**Reminder:** Please email the Office Manager to get Events published on the website or in "Thursday Reminders" Email Information and Flyers to [office@aaspokane.org](mailto:office@aaspokane.org).



LITERATURE

**HOW DO I ORDER LITERATURE?**

conference approved literature and other AA approved literature is available at the:

**Central Office & Bookstore:**

509-624-1442  
1700 W 7th Avenue  
Suite 100  
Spokane, Washington 99204

**Office Hours:**

Monday 9am-6pm  
Tuesday 9am-6pm  
Wednesday 9am-6pm  
Thursday 9am-6pm  
Friday 9am-8pm  
Saturday 9am-1pm  
Sunday CLOSED

You may also click below or order from the [A.A.W.S. Online Store](http://www.aa.org).

**Alcoholics Anonymous** Visit us at [www.aa.org](http://www.aa.org)



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**The AA Group Pamphlet-16**

Informal guide tells how a group works most effectively, how a new group can be started, and how each group can be linked to A.A. as a whole.

This 52 page pamphlet is designed as a handy information tool and suggested guide for an A.A. group. It serves as a complement to The A.A. Service Manual, the A.A. Group Handbook and other literature, which cover specific group matters at greater depth.

Interesting Contents include.....

- ◆ Is there a difference between a meeting and a group?
- ◆ Suggested A.A. meeting procedures
- ◆ What trusted servants (officers) do we need?
- ◆ Principles Before Personalities
- ◆ The principle of rotation
- ◆ What is an informed A.A. group conscience?
- ◆ A.A. group inventory
- ◆ A.A. business meetings
- ◆ About those A.A. group problems...
- ◆ How "decisions" affecting A.A. are made
- ◆ What A.A. Does Not Do
- ◆ The Twelve Traditions — Long Form
- ◆ The Twelve Concepts for World Service

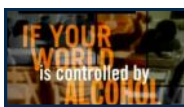
**AA WEBSITES PUBLIC SERVICE ANNOUNCEMENTS**

To preview or download please click here or go to [www.aa.org](http://www.aa.org)

A.A.'s public service announcements (PSAs) help us communicate our message of hope and life-changing possibilities to the millions who may benefit. These PSAs have no end date for use.



**"Doors"** shares, within a unique visual presentation, the voices of A.A. members talking about their experiences with alcohol and how their lives have been changed in A.A.



**"My World"** shows how the alcoholic can lose control over alcohol, how alcoholism can consume a person's life, and emphasizes how A.A. members help each other to get and stay sober.



**"I Have Hope"** illustrates how alcohol can take over someone's life, and emphasizes that there is hope and support in A.A. for those who are looking for help to stop drinking.

